

## Breastfeeding Support Worker Pathway

Antenatal referral received from the booking hospital.



At 24-28 weeks gestation an introductory infant feeding phone call from breastfeeding support workers is made to talk about infant feeding. Information is given regarding feeding options. Breastfeeding information is given with permission to those who intend to breastfeed, are considering it or are unsure of their infant feeding decision. Paced responsive bottle feeding and safe making up of formula information is given to those who wish to formula feed or eventually mixed feed, in line with the UNICEF Baby Friendly Initiative guidance. A referral to the virtual antenatal feeding group from Everyone Health is offered.



If there is an indication of further antenatal support required, the team will refer to the midwife or health visitor team.



Once the baby is born a discharge notification is received from the hospital where mum has given birth. If the baby is breastfeeding or mixed feeding, the family will be allocated to a breastfeeding support worker.



Breastfeeding support worker will telephone mum to ascertain any support needed as soon as possible after being notified of discharge. A home visit will be arranged.



Breastfeeding support worker will visit the breastfeeding family at home within 2 working days of notification of discharge from hospital.



The breastfeeding support worker will follow up with a telephone call 7 working days from their home visit. If further support is needed this will be tailored to the family's needs and additional visits or phone contacts will be provided if required



Handover at 3 weeks to Everyone Health via referral form with consent from the family. The breastfeeding support worker will encourage attendance at breastfeeding support groups (virtual or face-to-face).